

Batting Coaching Points & Common Faults

Skill:	Coaching Points:	Common Faults
Forward Defence:	Stance. First movement. Head knee & toe inline. Contact point. Follow through.	The gate. Reaching for the ball. Playing the wrong line. Falling over.
Straight Drive:	Stance. First movement. Head knee & toe inline. Contact point. Follow through.	Bottom hand grip too tight. No/low front elbow. Head out of line. Head leaning back. Playing away from the body. No base. Back foot moves first.
Off Drive:	Stance. First movement. Head knee & toe inline. Contact point. Follow through.	Bottom hand grip too tight. No/low front elbow. Head out of line. Head leaning back. Playing away from the body. No base. Back foot moves first.
On Drive:	Stance. First movement. Head knee & toe inline. Contact point. Follow through.	Bottom hand grip too tight. No/low front elbow. Head out of line. Head leaning back. Playing away from the body. No base. Back foot moves first.
Cover Drive:	Stance. First movement. Head knee & toe inline. Contact point. Follow through.	Bottom hand grip too tight. No/low front elbow. Head out of line. Head leaning back. Playing away from the body. No base. Back foot moves first.
Leg Glance:	Stance. First movement. Head knee & toe inline. Contact point. Follow through.	Playing down the wrong line. Leaning over. Back foot comes around.
Sweep Shot:	Stance. First movement. High bat lift. Contact point. Follow through.	Try to hit the ball too hard. Play down the wrong line.
Back Foot Defence:	Stance. First movement. Back foot landing. Contact point. Follow through.	Playing down the wrong line. Squaring yourself up. Reaching for the ball. Leaning back.
Back Foot Drive:	Stance. First movement. Back foot landing. Contact point. Follow through.	Playing away from the body. Reaching for the ball. Squaring yourself up.
Pull Shot:	Stance. First movement. Back foot landing. Front foot landing. Contact point. Follow through.	Leaning back you lose control of the shot and hit the ball in the air.
Cut Shot:	Stance. First movement. Back foot landing. Contact point. Follow through.	Head leaning back. Low back lift. Not moving feet.