

Harrow Borough Benchmarks

We need to understand player's skill level by age group to meet borough squad requirements.
Skills required are listed by age group.

Age Group:	Skill Requirement:
10s:Batting	<ul style="list-style-type: none"> • Have a correct grip, correct stance & backswing. Can play a front foot drive. • Can run their bat in when running. • Can back up at the non-strikers end. • Can understand leg & off –side. • Can defend their wicket. Can play a pull shot. • Can judge a run. Can call a run correctly. • Can understand the importance of not getting out. • Can play on the front & back foot on length. • Can understand the difference between defensive & attacking batting & know when to use which. • Aware of looking for overthrows.
10s Bowling	<ul style="list-style-type: none"> • Can demonstrate the correct seamers grip. • Can bowl straight to hit the stumps. Can understand a 6 ball over. • Can understand wides & no balls. • Can run up to bowl in a straight line. • Can understand the importance of not bowling wides / no balls. • Can understand the concept of line & different lengths. • Can complete their action with a follow through. • Can understand the concepts of fielding positions.
10s Fielding	<ul style="list-style-type: none"> • Can catch a ball from close. Can stop a moving ball. • Can throw underarm & overarm close to a target & understand which to use when. • Can perform a long barrier. Can understand how to run a batter out. • Wicket-keepers can understand where to stand for a bowler. • Can pick up a ball open handed in the field. • Can catch high & low consistently. • Can call for a high catch. Can throw & hit a target. Can back up throws. • Can understand the concepts of fielding positions. • Can understand the concept of when the ball is dead. • Wicket-keepers & fielders can understand where to stand for a fielder return. • Can retrieve a ball. Can make a decision as to which end to throw in the field. • Can walk in & be alert in the field. • Know the names of fielding positions.
Age Group:	Skill Requirement:
12s Batting	<ul style="list-style-type: none"> • Can hit the ball into gaps & keep the scoreboard moving. • Can play a back foot drive. Can play the cut shot. • Can understand when to leave the ball. • Can understand how to calculate run rates. • Can use bat speed to hit boundaries. • Can strike the ball over the top from a solid base. • Can play the sweep shot. Can use feet to play shots.

Age Group:	Skill Requirement:
12s Bowling	<ul style="list-style-type: none"> • Can understand the difference between defensive & attacking bowling & know when to use which. • Can vary pace & flight. Can look to identify batters strengths & weaknesses. • Can bowl yorkers. Can vary bowling according to match situation.
12s Fielding	<ul style="list-style-type: none"> • Can pick up one handed & underarm throw. • Can work in pairs to retrieve the ball. Can throw from the boundary. • Can intercept the ball on the slide. Can attack the ball in the field. • WK can best understand how to take a throw from the field. • Can catch a diving ball • Can understand attacking / defensive fielding & risks according to the state of the game. • WK can stand up to the stumps & move feet correctly on off & leg side.
Age Group:	Skill Requirement:
14s Batting	<ul style="list-style-type: none"> • Can play a late cut shot. • Can play a hook shot. • Can pace an innings to a match situation. • Can hit low full tosses & yorkers for runs
14s Bowling	<ul style="list-style-type: none"> • Can bowl variations e.g. cross seam, out swing, in swing, googlies & arm balls. • Can set their own field
14s Fielding	<ul style="list-style-type: none"> • Can catch diving forwards • Can back up in pairs. • Can perform a roll over interception. • Can stop a six & flick back for a catch. • WK can help captains to analyse game / batters.

- U14s should be able to cover all the skills listed across all three age groups.
- U12s should be able to cover all the skills listed in the 12s & 10s age groups.
- U10s are looking to reach the required skill level within their own age group.