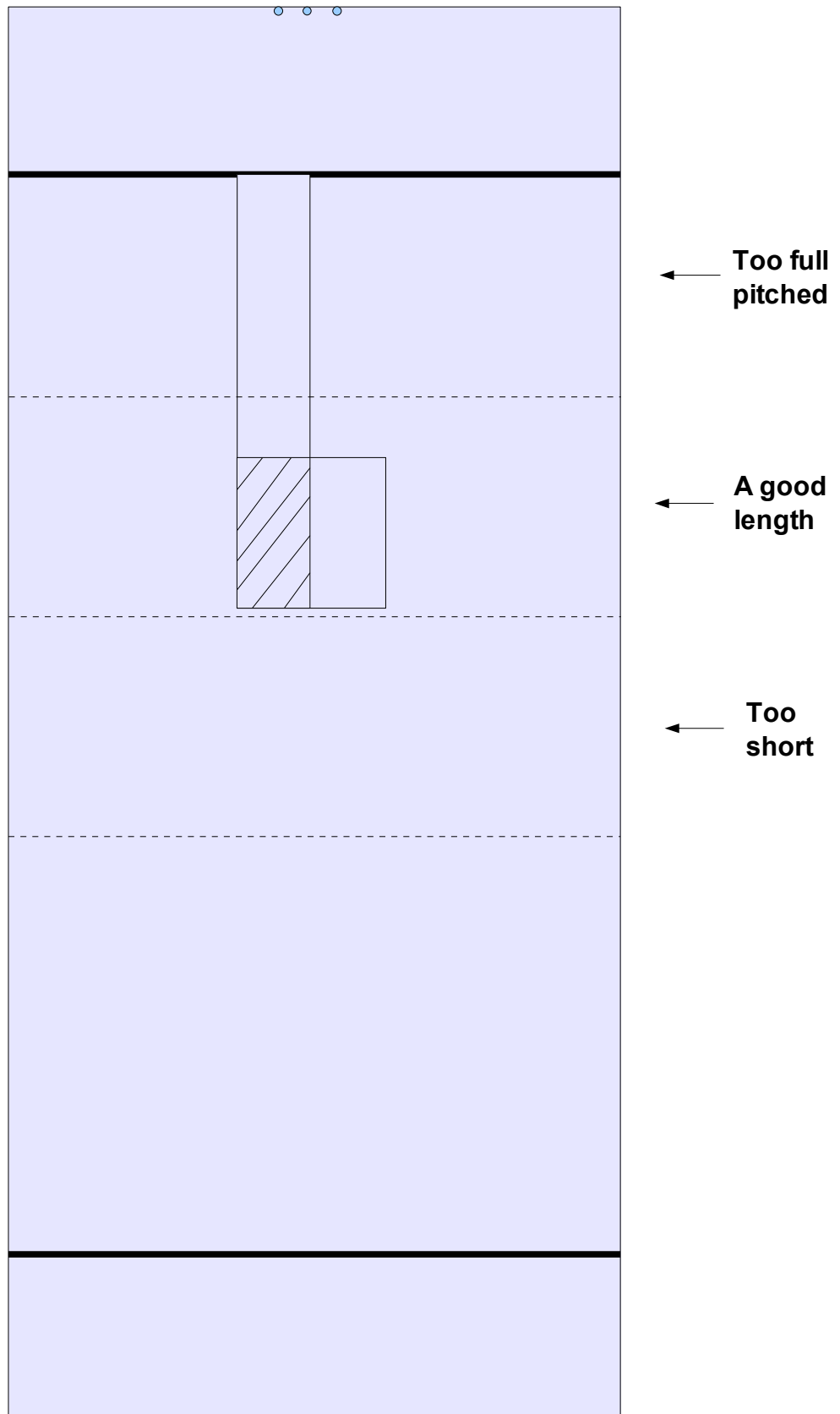


# Key Performance Indicator



## Instructions:

1. Print off the diagram above.
2. Take to every training session.
3. Mark on the diagram where you pitch every delivery
4. Aim to pitch each delivery in the vertical column representing a good line, and in the area representing a good length. Ultimately you should be able to pitch the ball every time within the 'checked' area.
5. At the end of each session discuss with your coach your results and identify areas/techniques/drills you can work on to further improve your bowling
6. Try to improve on each sessions results. As you progress your deliveries should begin to cluster more and more.
7. Don't cheat yourself. Try and judge each ball critically and accurately. If you're not sure where it pitched, ask your coach, the batsmen or the other bowlers who are waiting to bowl.